## Restoring your Health

## and Quality of Life at Home

Growing up, we are taught by social standards to be independent. We were educated to know how to take care of ourselves and our families. However, when our health becomes compromised with old age, disability or illness, we gradually lose that independence. Many individuals are forced to be admitted into a care home or an assisted living facility so that they may receive care and support during their frail health.

While these options may be widely practiced and generally accepted by many families across the nation, it also potentially diminishes the quality of life of the individual. The thought of being away from loved ones, confined to a hospital bed and developing depression could worsen the situation for some of us. If this is the situation you have now, have you thought about asking your physician for an alternative?

At Best Health Care Services LLC we offer you and your family a way to stay together at home for as long as possible. Someone you love may be facing illness, old age or disability but they won't have to spend it alone away from the comforts of their home.



#### **Contact Information**

We are always here to serve you and we are available 24 hours, 7 days a week to cater to the needs of our clients.

Call us directly – we strive for your satisfaction and we are always available to answer your questions.

9306 Old Keene Mill Rd., Ste. A Burke, Virginia 22015

Phone: 703-440-1131 Fax: 703-440-1132 Cell: 703-864-8362 Email: pugah@verizon.net

Website: www.bhcshealthcare.com

PCA & CPR Training classes on site.
Please call for date and time.

We provide personal care assistance. EDCD Waiver Program

## Foreign Languages

- Farsi
- Spanish
- Vietnamese
- Arabic
- Urdun
- Amharic
- Hindi
- Korean



# **Best Health Care** Services, LLC

Absolutely the Best!



Call us today: 703-440-1131 www.bhcshealthcare.com

#### Home Health Care Benefits:

- Affordable home health care services without settling for lesser quality care
- Provided by qualified and well-trained nurses, therapists and home health aides
- Close coordination with your physician to ensure that the care you get is parallel with the prescribed treatment
- Flexible schedules of care we consider your preferences and the quality of life you want to maintain
- Heightened comfort level during the course of care delivery; staying in your home makes you more receptive to the healing aspect of home health care

To get started with services soon, please call Best Health Care Services LLC at 703-440-1131. Home Health Care may be arranged for you or your family member after hospital discharge and upon returning home.













#### Who We Are

Take better control of your life and your health! Best Health Care Services LLC can help...

Best Health Care Services LLC is a provider of home health care services to clients in Northern, Virginia and its neighboring locations. We serve the cities and counties surrounding our headquarters because our commitment is in building a community with people who have better health and better lives even as they manage illness, elderly living or disability.

For our clients, we help them face the many challenges of having fragile medical conditions. Our services are designed to their specific requirements. Best Health Care Services LLC works closely with the client, the family members, healthcare practitioners and the patient's physician in developing a personalized care plan.

This care plan will outline the rehabilitation goals and health management provisions. Having a structured care plan also reduces the risk of re-admitting the patient to the hospital. Best Health Care Services LLC ensures that the client receives quality care to achieve continuity of health for as long as possible.

#### Our Mission & Vision

Best Health Care Services LLC is dedicated to providing exceptional, cost-effective, family-focused care for the medically complex patient.

Our goal is to meet the patient's medical needs in the nurturing environment of their home, minimize the impact of the patient's condition on the family while respecting the role of the family in the care of the patient..

#### Services We Offer

- Mome Health Aide
- Medical Social Services
- Occupational Therapy
- Physical Therapy
- Skilled Nursing
- Speech Therapy

Best Health Care Services LLC also provides Staffing Solutions for health care facilities in the area. Our trained professionals can function as part of your staff in settings such as:

- Hospitals
- Care Facilities
- Clinics
- Assisted Living Homes
- Nursing Homes
- Rehabilitation Facilities

### **Monthly Training:**

- Hospitals
- Care Facilities
- Clinics
- Assisted Living Homes
- Nursing Homes
- Rehabilitation Facilities

If your mom or dad could use a little help at home, please give us a call at 703-440-1131. The home health services provided by Best Health Care Services LLC are personalized to your specific needs.

Our services are easily within reach for clients who live in Burke, Virginia and the neighboring areas. We are here to care for you and your family 24 hours a day, 7 days a week.